

MGB GT - Old style clutch job

We still see a few classics in the workshop, and this 1976 MGB GT, which had covered just over 90,000 miles in its lifetime, was one of them. It was now used only on the sunniest of days. The owner had decided that it would be good idea during the winter months, when the motor was not going to be used, to get the clutch replaced.

The clutch had been feeling a little heavy of late, and the last thing the owner wanted was for this to fail when the MGB was about to be driven off to a meeting or show.

Removing the engine is my preferred method of carrying out this job. I know some like to remove the engine and gearbox complete, but I find separating the engine from the box works well for me.

With the bonnet off and the engine out,



The carbon thrust release bearing had worn down

I could see that the carbon thrust bearing was well worn and would not have gone on too much longer without problems.

With the new clutch fitted and lined up, the job of sliding the engine back into position went smoothly, and the MGB was soon back out of the workshop and into its winter storage garage.